



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 9:00 am	Cereals for the children to choose from, Cheerios, Rice Crispies, Weetabix, shredded wheat full fat/ semi skimmed milk and water	Cereals for the children to choose from, Cheerios, Rice Crispies, Weetabix, shredded wheat full fat/ semi skimmed milk and water	Cereals for the children to choose from, Cheerios, Rice Crispies, Weetabix, shredded wheat full fat/ semi skimmed milk and water	Cereals for the children to choose from, Cheerios, Rice Crispies, Weetabix, shredded wheat full fat/ semi skimmed milk and water	Toast with jam, marmite, humus, butter, cream cheese and tomatoes, with milk and water
Snack 10:30 am	A selection of fruit with water Tangerines, Strawberries, Apples, Banana, Melon	A selection of fruit with milk/ water Tangerines, Strawberries, Apples, Banana, Melon	A selection of fruit with milk/ water Tangerines, Strawberries, Apples, Banana, Melon	A selection of fruit with milk/ water Tangerines, Strawberries, Apples, Banana, Melon	A selection of fruit with milk/ milk/ water Tangerines, Strawberries, Apples, Banana, Melon
Lunch 12 pm	Pasta & Cheese, Tomato sauce, Vegetable crudites Fruit natural yogurt/fromage	Fish fingers, rice, Vegetable crudites Fruit natural yogurt/fromage frais	Jacket potatoes, baked beans, Cheese, Sweetcorn Fruit natural yoghurt/fromage frais	Salmon, roasted baby potatoes, vegetable crudites, sweetcorn Fruit natural yogurt/fromage frais	
Snack 2:30 pm	An assortment of crackers/ rice cakes/ bread sticks butter/ humus/ marmite With milk and water	An assortment of crackers/ rice cakes / bread sticks butter/ humus/ marmite With milk and water	An assortment of crackers/ rice cakes/ bread sticks butter/ humus/ marmite With milk and water	An assortment of crackers/ rice cakes/ bread sticks butter/ humus/ marmite With milk and water	